

## NATIONAL RECOVERY MONTH 2018

WHEREAS, behavioral health is an essential part of health and one's overall wellness; and

WHEREAS, prevention of mental and/or substance use disorders works, treatment is effective, and people recover in our area and around the nation; and

WHEREAS, preventing and overcoming mental and/or substance use disorders is essential to achieving healthy lifestyles, both physically and emotionally; and

WHEREAS, we must encourage relatives and friends of people with mental and/or substance use disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and

WHEREAS, in 2016, *20.1 million* people aged 12 or older had a substance use disorder in the past year with only 6.9% noted as receiving treatment, *44.7 million* adults aged 18 or older experienced mental health illness in the past year with only 64.8% receiving treatment, and *8.2 million* adults had a co-occurring mental illness and substance use disorder, according to the 2016 National Survey on Drug Use and Health. Also note the following: 11.8 million people over the age of 12 have misused opioids in the past year which includes pain relief users and heroin users; the increase in heroin users between the years of 2002 to 2016 has increased by 135% and the number of deaths attributable to heroin has increased by 533%. Given the serious nature of this public health problem, we must continue to reach the millions more who need help; and

WHEREAS, to help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), and **Jefferson County Human Services Department** invite all residents of **Jefferson County, Wisconsin** to participate in National Recovery Month; and

NOW, THEREFORE, I **Jim Mode, Human Services Board Chair**, by virtue of the authority vested in me by the laws of **Jefferson County** do hereby proclaim the month of September 2018 as

NATIONAL RECOVERY MONTH

In **Jefferson County** and call upon the people of **Jefferson County** to observe this month with appropriate programs, activities, and ceremonies to support this year's Recovery Month.

In Witness Whereof, I have hereunto set my hand this [Day of Month] day of [Month], in the year of our Lord two thousand eighteen, and of the Independence of the United States of America the two-hundred and forty-third.

Signature

[Insert City/State or Other Official Seal]